

Embargoed until 10.00am

18 May 2004

Regus Group plc ("Regus" or the "Company")

AGM trading update

At the Company's AGM being held at 10.00am today, John Matthews, Chairman of the Company will provide the following update on current trading:

"I am pleased to report that Regus is trading slightly ahead of expectations for the year to date. The Company has continued to improve overall performance and has seen consistent improvement in its free cash flow at the operating level.

In terms of trading, we have seen steady revenue growth in the first four months of this year, up 5% in April 2004 (at constant exchange rates) compared with December 2003. Revenue Per Available Workstation (REVPAW), our key performance indicator, has risen 6% over the same period.

In April, global occupancy of 73% was 12 percentage points higher than in April 2003. This has been helped by significant new outsourcing deals with Royal Bank of Scotland, GlaxoSmithKline, Caisse d'Epargne and Citigroup.

The Group's forward order book remains strong, with 78% of budgeted business for 2004 already contracted and booked. Enquiries are up 30% year-on-year.

Overall, Regus' progress remains firmly on track and the Board is committed to delivering sustainable profits at the earliest opportunity."

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