14th March 2005

REGUS GROUP PLC ("Regus")

DIRECTORATE CHANGE

On 11th March 2005, Stephen East (47) was appointed to the Board of Regus as a non-executive director. Stephen was formerly Finance Director of MEPC plc. Prior to that he had run his own consultancy business and held senior positions with Redland PLC. He is a non-executive director of Star Energy Group plc. He has been appointed as a member of the Audit, Remuneration and Nomination Committees of Regus. Stephen is a Chartered Accountant and Vice President of the Association of Corporate Treasurers.

There are no matters to be disclosed in accordance with paragraph 6.F.2 (b) to (g) of the Listing Rules of the UK Listing Authority ("the Listing Rules") and no further matters to be disclosed in accordance with paragraph 16.4 of the Listing Rules.

For further information, please contact:

David Yates or Rob Gurner of Financial Dynamics on 020 7269 7291